

McDonalds Ashburton 6 Hour Mountain Bike Race – Sunday 3 May 2020

ENTRY DETAILS

Riders complete laps of a 10km (approx.) circuit. Solo riders ride for 6 hours, team members take turns doing laps. The track is 85% undulating purpose built singletrack with bermed corners and a few features thrown in.

RACE CATEGORIES

We are awarding medals to place-getters. Spot prizes will be awarded at the prize giving. **NO e-bikes.**

BITS NZ Ltd | Technology Services - SOLO

Limited to 40 riders - One rider on the course over the 6 hours:

- **Junior Men** (18 yrs & under)
- **Open Men** (19 to 39)
- **Veteran Men** (40 yrs and over)
- **Open Women**

TEAMS

Limited to 110 teams - One team member on the course at a time:

- **'Cates Grain & Seed' Men** - up to four male riders
- **'Stoked Cycles' Women** - up to four female riders
- **'Newlands Auto Electrical'** - up to four team riders with at least one female and one male
- **'Lysaght Glass' Family** - up to four team riders who are immediate family - this category is to encourage mum, dad and the kids!

School Grade - up to four team members (mixed or all boys or all girls) from the **same school**.

Grades will be determined by the eldest member of the team. **Please use your school name as part of your team name.** If you don't have enough students from the same school please get in touch with us.

- **'Ag-Serve' Year 7-8** (Intermediate)
- **'ElectraServe' Year 9-13** (High School)

Age limit - riders must be 10 years or older and must be able to ride the track by themselves - no chaperoning. If you have a younger child who is familiar with the track and wishes to race - please let us know.

REGISTRATION, FEES & PAYMENT DETAILS

Online Registration ONLY: Online registration will close Wednesday 29 April at 10pm, unless sold out prior. There will be NO entries taken on the day.

Entry fees per person:

19yrs & over - \$50 per rider,
18yrs & under - \$25 per rider (includes school teams)

Payment: DIRECT DEPOSIT into our **NEW bank account number** NBS 03-1354-0474451-00 (Mountain Bike Ashburton). Please put team/solo name as a reference. Make sure your deposit appears in our account by Friday 1st May.

REFUNDS: A part refund will be given up till 17 April. No refund will be given after this time, unless due to cancellation - see below.

POSTPONEMENT/CANCELLATION: If it is deemed that the health and safety of riders would be put at undue risk due to the weather, the race will be postponed/cancelled. An announcement will be made via email, club website and Facebook the evening before the race or earlier if the forecast looks bad. In the event of a cancellation we will refund up to 75% of the entry fee.

RACE DAY DETAILS

Where: Allenton Clubrooms, Melrose Rd, Ashburton

Registration: 8:00-9:30am

ALL SITES MUST BE SET UP BY 9.30am. NO VEHICLE ACCESS AFTER THIS TIME!!

Briefing: 9.45am

Race start: 10:00am

Race finish: 4:00pm

Prize giving: 4:30pm approx.

RACE VILLAGE

Sites will be allocated as you arrive and will be done by team name. Each team is allocated a 10m x 5m site, and only one vehicle is permitted per site. Solo riders may have to share a site depending on space. **All vehicles must be on site by 9.30am sharp – no vehicle will be allowed into or out of the race village between 9.30am and 4.15 pm.** Additional vehicles will need to be parked in the designated area next to the Allenton club rooms grounds. You are welcome to bring tents, gazebos, deck chairs, BBQs and chilli bins etc.

Please email 6hour@mountainbikeashburton.co.nz before race day if you wish to be next to a particular team or you wish to share a site.

We'll aim to get site maps emailed out to Team Captains/solo riders and put on our facebook a day or two before the event.

Food & drink – We have coffee and food available from Pop Up Playground and Pita Pit Mobile South Island Unit - so make sure you bring along some money for some delicious snacks! It is recommended you bring enough water for your own requirements.

Security - it is up to each team and rider to ensure your belongings are safe. Race organisers and the Mid Canterbury Mountain Bike Club take no responsibility for the security of competitor's belonging.

NO DOGS ALLOWED in the village.

REGISTRATION: 8 - 9.30am

Each solo rider and team will be issued with ONE race number (this is your timing chip that needs to be changed between team riders at the end of each lap). Teams will be issued with plastic sleeves to hold their team number.

Race Briefing: 9.45am

ALL competitors **must** attend. This is when any course changes will be announced, and the use of race numbers & rules will be explained further.

RACING

The race track is part of the Ashburton River Trail network and is made up of mostly purpose built single track, with plenty of bermed corners. The track is flat to undulating and requires a reasonable level of fitness when ridden at race pace. Laps take between 22 to 38 minutes, and each team member must complete at least one lap.

To begin the race, the first riders will complete a smaller start lap around the grounds before entering the River Trail. Teams can ONLY swap numbers and riders at their designated site in the village after each lap.



Timing - Teams will be issued one race number and a plastic sleeve for each team member to attach to their handlebars and the number is swapped between sleeves during the race. It is each team's responsibility to ensure their race number is on the front of the bike of the rider on the course during each lap. DO NOT BEND, FOLD or LOSE THESE NUMBERS. Your number must remain horizontally in its pouch as you pass by the timing tent. You can attach a piece of tape to your plate to make it easy to remove from the sleeve. Solo riders attach their race plate directly to their bike. Cable ties will be provided. Race plates can be taken home at the end of the race, but it would be good to get the plastic sleeves back, hand in to the registration tent.

Spot prizes – There will be a load of bike orientated spot prizes to hand out at prize giving.

Results - these will be updated during the day and displayed outside the main tent.

First Aid/assistance - first aid will be available onsite by St John. If you require assistance or need to report an injured rider, please report it to a marshal or an official at the main tent. Emergency numbers will also be displayed at key points along the track. Roving marshals will also be on the trail. For further information about racing see the "Race Rules" section below.

RACE RULES

- Race Briefing - all riders must attend the race briefing onsite on the morning of the event.
- An approved cycle helmet must be worn at all times when riding either on the course or within the event area.
- Race Numbers - must be displayed on the front of a rider's bike in the number holder provided. Numbers can only be swapped between team members, from one bike to another, AT YOUR SITE.
- Abusive Behaviour - any physical or verbal abuse will not be tolerated and will result in a time penalty or disqualification.
- Passing Etiquette – riders must pass on the right and let the rider know they are overtaking - call 'coming through'. If more than one rider is passing call 'riders coming through'. If you are being passed or have riders behind you, move to the left and let the riders through when there is an opportunity. While the track is mostly single track there is room if slower riders pull to the left. Deliberately blocking the track to prevent other riders passing will not be permitted.
- Safety - No portable music devices with earphone used whilst riding.

- Mechanical - if you experience mechanical problems on the track you can continue to push your bike along the track route and through the timekeeper tent (your lap will be counted) or take the shortest route back to your team and get a new bike or send a new rider out **without** going through the timing tent (your lap will not be counted).
- Assisting with an Injured Rider - in the first instance you must stop to offer an injured rider assistance. If this impacts severely on your lap time, then please see an official in the main tent regarding amendment.
- Shortcuts - any rider caught taking a shortcut will be disqualified and if a team rider, that team will also incur lap penalties.
- No e-bikes allowed to compete.
- Protest - any protests must be lodged with the Race Director up to 30 minutes before & 5 minutes after the race finishes. His/her decision is final.

RACE FINISH & PRIZE GIVING

Riders can start packing up their site once the race has finished. Please be considerate of riders still on the course. No vehicle may leave the site before 4.15pm. Please remove all rubbish. Prize giving will be about 4:30pm.

Prizes – Medals will be awarded to each team member/solo rider for 1st, 2nd and 3rd place in each category.

SPECTATORS

Spectators can view the race from the village on Melrose Road, the new skills area on Dobson Street West, and under the railway bridge on the North-West side of the Ashburton Bridge. You may also walk along the stopbank at Melrose Rd, please follow marshals instructions. Please leave your dogs at home, they pose a significant risk to riders if they run onto the course and nobody likes to get dog crap on their tyres!

The track will be closed to the public during the event.

CANCELLATION: If it is deemed that the health and safety of riders would be put at undue risk due to the weather a postponement/cancellation announcement will be made via email, club website and Facebook by 8:00pm on the night before the race.

Email any queries or registration changes to: 6hour@mountainbikeashburton.co.nz

Please support our sponsors:

